



# UU Laramie news matters March, 2023

Unitarian-Universalist Fellowship of Laramie, 1402 Gibbon, Laramie, WY. 82072. 307 745-8874

## Services for March:

**March 5, 10 am, “Learning to Laugh at Ourselves”** – Sara Saulcy and Catie Ballard will seek to tickle your funny bone with cartoons, stories and a hearty sense of humor. Come join the fun!

**March 12, 10 am, “Moving Past Anger”** – Catie Ballard

Anger, the easiest emotion to access, but are we each stuck with it??? Today’s coffee & conversation delves into ways we express and ways we move past this intrinsic emotion. Not stuck, we can definitely make friends with anger.

**March 19, 10 am, “Defining Ourselves with Our Words”** – Jeff Lockwood

“We have needed to define ourselves by reclaiming the words that define us.” (Selma James) This is what we plan to do during this informal program. In 2000, as a congregation, we have Collaborated to craft OUR definitions of potent, powerful, and provocative religious words. Come join a lively and engaging exploration of how we can reclaim the vocabulary of religion for our Fellowship (and receive a FREE copy of the UUFL Glossary!)

**March 26, 10 am, Rev. Leslie Kee** will be in the pulpit.

## Calendar for March:

Board meets on Wednesday, March 8<sup>th</sup>, 5 pm, zoom/live.

Program Committee meets on Wednesday, March 22<sup>nd</sup>, 5 pm, zoom/live.

Contemplative Yarns meets every Saturday, 9:30 am at the Fellowship building.

## Bulletin Board

**Chocolate Fiesta--** proceeds of \$1650 will go to the Downtown Clinic. If you have expenses to be reimbursed, please contact David Perry asap.

**Building news--** we have an estimate of \$2000 to replace the light fixtures in the small rooms with LEDS as soon as the electrician is available.

**Pledge Drive—**Jeff Lockwood has graciously agreed to head up the Pledge Drive again this year. If you want to volunteer to help with this project, contact Jeff Lockwood, 766-4260. Pledge Drive letters begin April 11—finish Drive about April 22<sup>nd</sup>—with “mop-up” April 29<sup>th</sup>.

## Rev. Leslie Kee – thoughts for March...

*It used to be this time of the year, when cabin fever reaches its peak, that I started to feel the stirrings of spring fever. But as I’ve traveled through the decades of my life, the beckoning of my garden’s soil rested and moist from the winter melt seems to be less distinct and urgent. I’m sure there are many explanations for this ebbing, but, for me, a lifetime of living into the patterns of the seasons seems to provide the most comfort when I think about everything that is important in my life – especially my chosen faith. Because I am living fully within the ‘autumn’ years of my life, I can’t help but wonder if my religious life also follows the seasonal analogy.*

*To look around UUFL on a Sunday morning is to see a community of elders and individuals moving closer to elderhood. UU theology calls all of us to truly value diversity while drawing upon its gifts in thoughtful, creative, and unique-to-UUFL ways. Perhaps the stirrings of this year’s emerging spring are calling us to think about those conditions from which rejuvenation happens – like an aged-to-perfection soil that nourishes this spiritual and religious garden we love and depend on so much. See you in church!*

Minister: Rev. Leslie Kee  
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UUFL Board:  
Board Co-Chairs: Linda Meeker  
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Laramie Zoom Room:  
Meeting ID: 2907005294  
No passcode needed

To reserve the UU Building: Contact David Perry, 307 760-7879, [dperry@uwyo.edu](mailto:dperry@uwyo.edu). See the current event calendar on the UU website.

Covid Info: Please wear a mask if you are ill or have not been vaccinated; masks are suggested but not required. See UU covid policy on the UUFL website.

Please contact us if you would like to receive the **news matters** newsletter; and check out the UU Laramie website, [uularamie.org](http://uularamie.org), and our **UUFL Facebook** page.

Robin Chestek [460-9139] and Ken Chestek maintain the Membership database; please contact Ken if you have Changed your address or phone number.

**Chocolate Fiesta**—Proceeds from the Fiesta go to the Downtown Clinic. Pictures: Pete Gosar helps Robin Chestek checkout patrons; Heather Barnes and Claire Dineen check out the goodies; and a table full of chocolate treats await the first customers.

