



UU Laramie news matters February, 2023

Unitarian-Universalist Fellowship of Laramie, 1402 Gibbon, Laramie, WY, 82072. 307 745-8874

Services for February:

February 5, 10 am, What's Your Hunger? Led by Catie Ballard. In concern for our mental and emotional needs, we tend to overlook what we need for our spiritual sustenance. Catie will lead us in discovering what we are really hungry for.

February 12, 10 am, UU Wyoming Multicongregational Service—Revs. Kee and Elizabeth Mount (UU Cheyenne) will bring their congregations together for this service via zoom. Attend in our sanctuary or at home. Cheyenne meeting ID: 952 3844 3423, Passcode: 375665. Or go to uucheyenne.org for the direct link

February 19, 10 am, Rev. Leslie Kee will be in the pulpit.

February 26, 10 am, The Spiritual Stage--Anne Mason, founder and director of *Relative Theatrics*, will share with us her sense of spiritual hunger and how live theater feeds her inner being.

Calendar for February:

Board meets on Wednesday, February 8th, 5 pm, zoom/live.

Program Committee meets on Wednesday, February 15th, 5 pm, zoom/live.

Contemplative Yarns meets every Saturday, 9:30 am at the Fellowship building.

Bulletin Board

* The Board has reported that the south RE room is well on its way to being usable again. Painting and cabinets are to come. Once this room has been completed, work will begin on renovating the north room. Replacing the fluorescent light fixtures with LED fixtures is being considered throughout the RE and social hall areas.

***The Chocolate Fiesta** will be held on February 11th from 10am to 1pm at the Fellowship. Please contact Linda Meeker if you wish to help and/or work this event. We are partnering with the Downtown Clinic. Chocolate confections are due on Friday 5-7 pm/Saturday 8-9:45 am. Contact Linda Meeker with questions or to volunteer: ldangrous1@gmail.com, 307 399-8493.

*We now have a professional tech host -- Christopher Stratton -- to assist with zooming Sunday services in the sanctuary.

Rev. Leslie Kee – thoughts for February...

Back in the day, when I was an English teacher, I used to tell the high schoolers that sometimes the situation calls for a good cuss word – like when you hit your thumb with a hammer. I told them the real issue is of *appropriateness* – that instantaneous knowing what the situation calls for. So, for example, an angry venting in the privacy of your own home is appropriate only if your grandmother isn't over for lunch. Or when you do hit your thumb with a hammer while working on a project with the grandchildren – definitely want to model a more 'kid-friendly' cuss word, like darn or shoot or banana split!

Based on this theory of appropriate cuss words, I couldn't resist ordering a tee shirt that says: "*I don't spew profanity, I enunciate and articulate it like a lady.*" And that is the chuckle I gave myself to make sure I laugh at least once a week during these short, cold winter days! I hope you all find one thing to chuckle about too, I believe it's part of a good spiritual practice! See you in church!

Minister: Rev. Leslie Kee
(lkee@wyoming.com)

UUFL Board:

Board Co-Chairs: Linda Meeker
ldangrous1@gmail.com

Co-Chair & Treasurer: David Perry
dperry@uwyo.edu

Secretary: Robin Chestek
rchestek@gmail.com

Member: Matt Stannard
Stannard67@gmail.com

Member: Catie Ballard
Catie.Ballard43@gmail.com

Laramie Zoom Room:

Meeting ID: 2907005294

No passcode needed

To reserve the UU Building: Contact David Perry, 307 760-7879, dperry@uwyo.edu. See the current event calendar on the UU website.

Covid Info: Please wear a mask if you are ill or have not been vaccinated; masks are suggested but not required. See our Covid policy on the UUFL website.

Please contact uularamieneews@gmail.com if you would like to receive the **news matters** newsletter; and check out the UU Laramie website, uularamie.org, and our **UUFL Facebook** page.

Robin [460-9139] & Ken Chestek maintain the Membership database; please contact Ken if you have changed your address or phone.

Below is our Family Promise liaison, Bren Lieske, accepting an award for UUFL from Josh Hopkin, Executive Director of Family Promise at the January PVA meeting.



The UUFL's dates in 2023 to provide food for families are:

March 19-25th

May 7-13th

July 30- August 5th

September 10-16th

October 15-21st

For more info, contact the UUFL Volunteer Coordinator, Bren at blieske@gmail.com or 307-761-0887