



UU Laramie News

July 2022

Unitarian Universalist
Fellowship of Laramie
1402 E. Gibbon Street
Laramie, WY 82072
(307) 745-8874

Services for July

Services begin at 10 am. We continue to offer our Sunday services both in person and via Zoom. Masks are recommended for those attending services in the Fellowship building.



July 3 *Coffee and Conversation*

Join UUFL member Catie Ballard for an exploration of Growing Strengths (yes, we grow strengths until our last breath) in a coffee & conversation format this holiday weekend.

July 10 *Happy birthday, Wyoming!*

What's a liberal religion doing in this red state? Led by UUFL members Catie Ballard and Sara Saulcy, on their birthdays!

July 17 *Summer Hike*

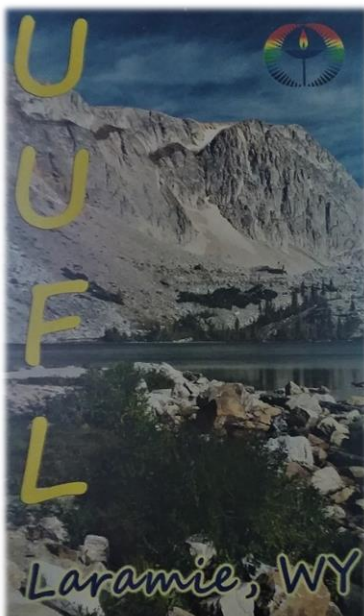
UUFL member Ken Chestek leads us on a hike along the Little Laramie Trail. Watch the website, www.uularamie.org, for details.

July 24 *Help Clean-up Our Town*

In the spirit of our 7th Principle, Respect for the interdependent web of all existence of which we are a part...Come help clean-up our town! Join us in picking up trash this Sunday. We will meet at the Fellowship parking lot at 10 am and drive to our location, yet to be determined, to pick up trash. The City of Laramie is supplying orange vests and trash bags and will collect the filled bags afterwards. Please bring your own gloves as well as sunscreen, hat, and water.

July 31 *Coffee and Conversation*

Join UUFL member Matt Stannard for conversation revolving around the 5th principle: The right of conscience and the use of the democratic process within our congregations and in society at large.



Minister

Rev. Leslie Kee (lkee@wyoming.com)

UUFL Board

Board Co-Chars: Linda Meeker (ldangrous1@gmail.com),

David Perry (dperry@uwyo.edu)

Treasurer: Matt Stannard (stannard67@gmail.com)

Secretary: Robin Chestek (rchestek@gmail.com)

Member: Catie Ballard (cdonbdoc@bresnan.net),

UU Laramie News Editor

Laura Miller (uularamienews@gmail.com)

Minister's Musings

As I prepare to go into a month of study and self-care, the dreaded Supreme Court Ruling on Roe v Wade has finally been handed down. Like many liberal religionists, my heart is broken, and it is clear to me, as Unitarian Universalists, our call to value diversity is more difficult than ever. It's one thing to value diversity when things are going 'our' way – it's entirely different with what we don't agree with.

And so, at this moment in history, my belief the world is in a spiritual crisis stronger than ever. I believe it is imperative we find a way to articulate and invigorate how we value the power of the human spirit. It is the human spirit that, in the big picture, is the appropriate response to the fundamental religionists who believe there is only one path to their 'God.' I believe this to be true because the human spirit is one of many ingredients in the universal spiritual energy of life – that ultimate power called by many different names and searched for on many different paths.

My beloveds. Please take care of yourself today and in the days to come. The struggle for justice has been around always. Just being yourself is enough. Find something beautiful to bring into your heart today -- even if the moment is fleeting. The struggle demands so much of us, and in the end life always finds a way to break free of the human bonds that would limit its flourishing. Women and their allies have found ways to live around the false-bonds of religion and law men and their like-minded women have used to wield power-over since the beginning. The promise of power-within is stronger than it has ever been. Pause, reflect, and return to the struggle when you are ready.

Rev. Kee



Let's stay
connected

Facebook: Unitarian Universalist Fellowship of Laramie (public)

Facebook: UUFL Community Group (private)

This is a private group for UUFL members and friends who want to discuss current issues and challenges.

Website: uularamie.org

For more news and events, and the latest updates!

UUFL Calendar of Events

David Perry maintains a current event calendar on the UUFL website (uularamie.org). You can always check there to see what is happening. Remember, all scheduling for use of the building must be done through David (dperry@uwyo.edu).

Membership Committee

The UUFL Membership committee is Robin Chestek (Chair) and Ken Chestek (Database Administrator). Please help keep the member / friend database up to date! If you have a change of address, phone number, or email address, please send your updated contact information to Robin at rchestek@gmail.com.

Family Promise

Our next week to host meals for Family Promise is July 31 – August 7. Meals and shelf stable food items are always welcome and can be delivered to the Presbyterian Church on Tuesdays and Thursdays. If you've any questions you can call Bren at 307.761.0887 or text her at bpatchranch@yahoo.com.



2022 UUFL / Family Promise Dates

July 31-August 7
September 11-18
October 16-23

Contemplative Yarns

We meet at Harbon Park at 12:30 pm on Saturdays for conversation. Many enjoy a picnic lunch during our time together. In case of inclement weather, we meet in the fellowship building. We welcome others to join us. If you are interested in participating, e-mail uularamienews@gmail.com or drop by on Saturday.

New COVID Policy *updated March 25, 2022*

We strongly encourage all eligible members to be fully vaccinated and we continue to recommend indoor masking as ways to reduce the spread of COVID-19 and protect our community, but in the current phase of the pandemic, we no longer require masks inside the Fellowship. In addition, use of the kitchen and food service is permitted by groups that wish to do so. The Board will continue to monitor pandemic conditions and adjust our policies if we need to return to more restrictive measures.

Zoom Room Information

Laramie Zoom Room
Meeting ID: 290 700 5294
Passcode: no passcode needed

Casper Zoom Room
Meeting ID: 459 187 0381
Passcode: 084964

